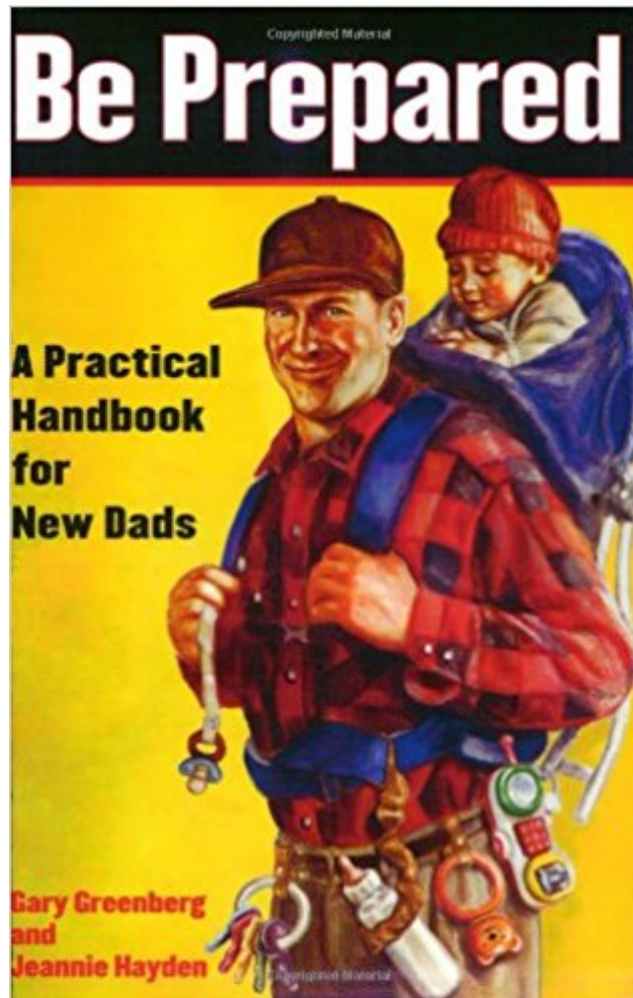




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# Be Prepared



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## Synopsis

An indispensable survival manual for guys entering the trenches of fatherhood, *Be Prepared* is loaded with one-of-a-kind insights, MacGyver-esque tips and tricks, and no-nonsense advice for mastering the first year as a dad. Finally, a book that teaches men all the things they really need to know about fatherhood...including how to: *•* change a baby at a packed sports stadium *•* create a decoy drawer full of old wallets, remote controls, and cell phones to throw baby off the scent of your real gear *•* stay awake (or at least upright) at work *•* babyproof a hotel room in four minutes flat *•* construct an emergency diaper out of a towel, a sock, and duct tape Packed with helpful diagrams and detailed instructions, and delivered with a wry sense of humor, *Be Prepared* is the ultimate guide for sleep-deprived, applesauce-covered fathers everywhere.

## Book Information

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## Customer Reviews

Take your average guide for new mothers, chuck most of the stuff about breast feeding and ditch the deep background research and stats, then generously pepper with illustrations and burley humor and what do you have? Your average guide for new fathers. *Be Prepared* follows that template pretty closely, and that's really quite an acceptable thing. Yes, there's a bit too much emphasis here on broadly drawn manly stuff like changing a diaper at a ballgame, but there's also heaps of useful advice that's cleverly and efficiently presented for pops who, despite their best intentions, really aren't prepared to dig into encyclopedia-sized tomes. The basics (childproofing, bathing, feeding, entertaining) intermix with nifty sidebars (homemade bath toys, foods to never give

your baby, exercises for dads) in easy-to-peruse chapters organized according to the age of the offspring up to age 1. There are more thorough how-to guides for new dads, but for most men moving into fatherhood, Be Prepared will fill the bill. --Steven Stolder

Parenting is hard, and reading many of the jargon-filled parenting books out there can make it even harder, but with a combination of smart writing and clever illustrations, husband-and-wife team Greenberg (The Pop-up Book of Phobias; etc.) and illustrator Hayden make both seem fun, if not easy. As the subtitle suggests, the book is filled with advice that will appeal to the solution-centered male perspective, from step-by-step swaddling instructions to a guide for identifying six distinct infant crying patterns. (A hunger cry, for example, is "a pattern of low-pitched, rhythmic moans, growing more and more insistent," whereas a boredom pattern is "a low-volume whimper which stops and starts irregularly.") Not only is Greenberg and Hayden's information useful, but it's also been vetted by "several distinguished fellows" at the American Academy of Pediatrics. Along with the conventional chapters on baby-proofing your house and taking a baby's temperature are more obscure—and amusing—topics, such as how to videotape your baby and how to conduct a "Mirror Puppet Sing Along" to sooth a crying baby while driving (the technique requires two mirrors, a hand-puppet and an indifference to looking silly). Hayden's drawings strike just the right balance between textbook-boring and tongue-in-cheek funny, depicting everything from a sketch of a bottle of teething gel to a drawing of an exhausted father snoozing in a business meeting. Greenberg and Hayden have succeeded in providing new dads (and many moms, for that matter) with an entertaining and informative cheat sheet. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Informative and damn funny. It even has illustrations. For the lazy reader this book is for you. It's like I'm getting solid advice from a close pal over beers. I may have even enjoyed a beer or two while reading this. Fortunately my kid will survive in my care now.

Bought this book for our first pregnancy. My wife is now full term, and so far this book has been very helpful. It is an easy-read with lots of graphics. I can pick it up whenever I have a question, and find the section that I need. It is not something that has to be read cover to cover. There are some great tips and pieces of advice that have saved us some potential headaches and even arguments. I wish there was an online component for when I am on the go. Recommended for a father-to-be.

Great book! The illustrations are fun, the advice is humorous but also really down to earth and useful. I bought this for my husband because he had no interest in reading my books about babies, and he really enjoyed it. He picked up some tips that I hadn't, and I think it helped him approach parenting more confidently. I'd give this book as a gift to any male friend of mine about to have a baby.

Love this book! I bought it as a first father's day gift for my husband but I think it is helpful and funny for dads or moms! Super practical advice, hilarious illustrations and captions and seriously makes you laugh out loud while still actually being useful. I feel like ditching all those super serious mommy books and just looking stuff up in here when I have questions. Definitely a stress reliever!

I bought this book for my husband when we found out we were expecting. He's not normally a 'reader', but this book is right up his alley. It's easy to read with lots of humor built in...but actually gives good information! The sections are also short, with lots of pictures mixed in, so it's easy to pick up and put down after reading for just a few minutes before bed. We both feel better knowing that we're approaching parenthood with a little bit of knowledge...even though I'm sure we have lots to learn!

This book is simultaneously informative and hysterical! I'm only 60 pages in and I've laugh at some silly throwaway line on every other page. The juxtaposition of the insightful and helpful knowledge with the dry humor expertly added makes this a great read. I highly recommend any new father read this, even for just the small amount of levity that will make this wonderful life changing event seem a tiny bit less daunting

Loved this book, so fun to read. I bought it for my hubby but I wound up reading the entire thing myself. Great tips, written in a real way that I haven't seen in other books. Wound up buying more as gifts for other new parents I know. :)

This is a really fun and funny book to read, with great information. I bought it for my husband, and he loves it. I was jealous because all of my pregnancy books were so boring and unfunny in comparison. I also enjoyed reading this book! Great diagrams and humorous drawings as well. Definitely get it if you're going to be a new dad or mom! Most importantly, its not of the "you're a guy so you must be an idiot stereotypical clueless dad to be" type. It doesn't talk down to you. We loved

it.

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